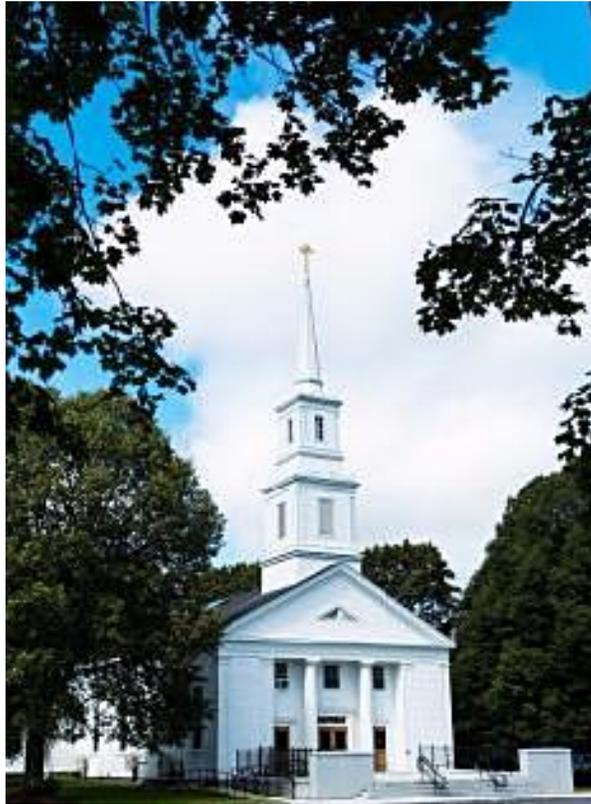


Hi, just a reminder that you're receiving this email because you have expressed an interest in Sudbury United Methodist Church. Don't forget to add sumc@sudbury-umc.org to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



The Weekly Chronicle

In This Issue

[FROM PASTOR JOEL](#)

[PRAYER CONCERNS & CELEBRATIONS](#)

[DATES TO KEEP IN MIND](#)

[CONNECT](#)

[COMMUNITY](#)

[FROM PASTOR JOEL](#)

Dear Friends in Christ,

Since the ethic I try to live is Christian pacifism, it has never occurred to me that owning a gun or having firearms in my home would be a good idea. That's not to say that the non-violent example of Jesus I can readily see in the Gospels has kept me from eating barbequed ribs or fish and chips - though I admit should seriously consider abstaining from both. When I call myself a pacifist, I am expressing my intention to forego the use of violence and deadly force to solve the security problems in my own

life and in the lives of those I love. Or, to go back to my original point about owning a gun, if Jesus and his example compel me to refrain from throwing punches, purchasing firearms is definitely off the table.

This week our nation has been talking again about gun violence and how to prevent it. There's a part of me that would like to propose that United Methodist Christians get busy making more disciples for Jesus Christ as a way of reducing and even healing the epidemic of violence that infects our nation "from sea to shining sea." But even our Book of Discipline - with all of its prohibitive language when it comes to guns, violence, and warfare - acknowledges that the disciples of Jesus who live their baptismal promises in our congregations around the world differ greatly when it comes to guns and the ethics of using them. If that's the way it is in the UMC, how can we expect things to be different in the USA?

We must concede, perhaps, that guns in America are here to stay. The "hunting culture" in rural states, not to mention the Second Amendment in every state, enshrine the keeping and bearing of arms as a basic American right. But last Monday, during our church's weekly staff meeting, Kevin Murphy mentioned a new way to limit gun violence without necessarily eliminating guns. I'm not as familiar with this strategy as I would like to be. But I plan to do some reading and teaching this year and next about mandatory liability insurance for gun owners. And if I become convinced that requiring those who keep and bear arms pay through higher and higher premiums for the loss of life, liberty, and the pursuit of happiness that using their constitutional rights too often creates, I will ask the members and friends of Sudbury UMC to join me in advocating for a new rider to be added to every homeowner's policy.

Last month, the title of an article in Forbes said it all: "Insurance Companies Should Not Get a Pass on Gun Violence" (<https://www.forbes.com/sites/dianahembree/2017/10/04/insurance-companies-should-not-get-a-pass-on-gun-violence/#3a1f9d455277>). When we buy insurance for our homes, the article says, insurance agents automatically ask about risk factors on our property that might require extra coverage. Swimming pools and trampolines, for example, come with extra liability since drownings and accidents can inadvertently result when underage neighbors trespass into our yards. In the same way, the article insists, the improper use of firearms can result in unintended catastrophes. Each year, 33,500 people are killed by firearms in America - compared to 226 drowning deaths in swimming pools. Why is it, then, that insurers are not required to ask if we have guns in our homes? If coverage for owning and keeping firearms was mandated, would frivolous gun ownership decrease and overall gun safety increase?

"Every time a person is injured or killed by a gun fired by another person," an editorial in the New Haven Register recently said, "the gun owner should be sued for negligence, wrongful death or another tort. Just like being injured or killed by a poorly maintained deck, or by a dog, a person injured or killed by a poorly maintained gun [or that person's family] should be able to receive compensation from a homeowner or the

homeowner's insurance company."

Sound interesting? Want to learn more? Let's talk!

See you in church,

Pastor Joel

PRAYER CONCERNS & CELEBRATIONS

Prayer Concerns on Sunday, November 5

- ☞ November is National Adoption Month. Across New England thousands of children are in foster care and around the world millions are orphaned. Let us hold these kids and the social workers who try to place them in families in our prayers.
- ☞ Dear Lord, we ask you to watch over all seniors who are struggling. Please give them peace of mind, guide their footsteps and ease their fears. We also ask for discernment for those who will make decisions on their loved one's behalf.

Prayer Celebrations on Sunday, November 5

- ☞ We invite everyone to come and celebrate the conclusion of Sudbury UMC's building renovations on November 19. As part of our Sunday worship time, we will give thanks to God for His presence and blessings throughout construction. We'll conclude with the dedication of our chapel. Come express your thanks to those who made it all possible - include all of you, our congregation! A reception will follow in Hawes Hall with refreshments.

DATES TO KEEP IN MIND

- Nov. 11: Trustees' Fall Clean-Up
- Nov. 12: Disciple Bible Study Sunday class
- Nov. 15-17: Ripple Effect - New England UMC's Congregational Development Programming
- Nov. 19: Dedication of Davison Chapel and Celebration of completion of Pave the Way renovations
- Nov. 25: Christmas Pageant Rehearsals begin
- Nov. 28: Charge Conference
- Dec. 6: Advent Soup Supper and Programming begins



LEARN

[The Magnuson Moment](#)

The values that we teach our children are more "caught" than "taught." I was reminded of this several years ago when my two teen-age sons went



to help the other men in the church put on a new roof over the church sanctuary. For whatever reason, which I do not recall now, I was unable to help that week. That did not deter my sons who needed no prodding on my part. Independently, they rose early (teen-agers who are used to sleeping in late) and went to the church on a hot summer day. They

helped strip off the old shingles and did the "grunt work" of cleaning the debris from old fallen shingles while the new shingles were installed. Almost twenty years later, the roof still looks as good as new.

The theme of this month's lesson in Sunday School is the life and work of King Solomon. While David had visions of building the temple of the Lord, God saved that task for King Solomon to accomplish. How fitting it is that this Saturday's Fall Clean-Up Day coincides with our discussion about the temple and our place of worship. Consider making this Saturday a family event where you bring your young children, or not so young children, with you to our fall clean-up day. The values and fellowship we will enjoy on our work day will be remembered for years to come. (My sons still talk about working on the church roof and walking on its steep slope).

Prayer Pals. The key word for Week 10, Nov. 12-18 is: Fruitfulness, "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control." Galatians 5:22-23

The Upper Room

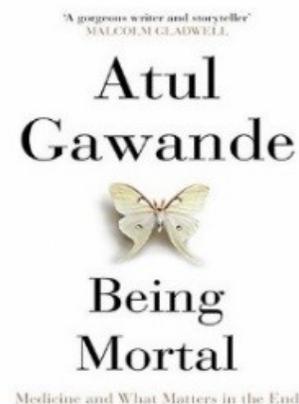
The Upper Room booklets are available in the narthex. Help yourself to a free copy for your daily devotional readings. Or access it online by clicking here: <http://devotional.upperroom.org/>

Sudbury UMC Is a Nut Free Zone!

Please be aware that a number of preschoolers and staff members have serious allergies to nut products and coconut oil. It is important to keep food products containing tree nuts out of the church building and to be mindful of coconut oil in non-food related items such as soaps and lotions. Thank you for your cooperation in ensuring the safety of all!



The Health Ministries Commission is launching a new book discussion series. The program will start with *Being Mortal*, by Atul Gawande. In *Being Mortal*, author Atul Gawande tackles the hardest challenge of his profession: how medicine can not only improve life but also the process of its ending. Other titles for future reading will be discussed at a later date. Please contact Kay D'Orlando to find out more and to sign up: kjdorlando@comcast.net.



CONNECT

Construction Is Complete!



Please join us for a celebration on Sunday, November 19, at the 9:30 am worship service to praise God for blessing our work, followed by the re-dedication of our recently restored Davison Chapel.

Please join us to thank Gregg and Laura Yanchenko for their gifts which made our renovations possible, and everyone in our congregation who worked tirelessly to see the work completed.

A reception will follow in Hawes Hall. Let's celebrate!

Veterans Day - A Time to Remember and Support

Veterans Day is a time that we remember and honor all persons who have served in the U.S. military... past and present. We can make a difference in the lives of millions of people if we not only remember, but also reach out to support the troops returning from combat service.

Post-Traumatic Stress Disorder (PTSD) has become a major mental health issue as our veterans return from serving in the war. The Rand Corporation released a study estimating that one in five U.S. service members who served in Iraq or Afghanistan suffers from major depression or combat stress.

We are seeing an increase in combat stress, addiction, domestic violence and suicide. Too often the ethic is to be silent about combat related mental health problems. Only half of those with mental health

problems seek treatment.

This is slowly changing as the military is encouraging veterans with combat stress symptoms to seek help. When treated early, the symptoms can be treated and need not lead to lifelong problems.

Regardless of our political views about the war, clergy and faith communities can be part of the support team for returning veterans and their families.

For more information on PTSD please contact the following organizations:

The U.S. Department of Veterans Affairs - www.ptsd.va.org
NAMI's Veterans Resource Center - www.nami.org/veterans
International Conference of War Veterans Ministers - www.warveteranministers.org/ptsd.htm

Mental Health Ministries

Too often men and women remain silent about their emotional struggles. Only about half of those experiencing mental health problems seek treatment. Post-Traumatic Stress Disorder isn't just limited to those service members in combat roles. Non-combatant jobs in the military, like doctors, nurses, chaplains and other support personnel can also be exposed to traumatic events that put them at risk for developing PTSD.

Toni Lopez is featured in our video, [PTSD: Healing and Hope](#). Toni served for 25 years in the Navy as a physician's assistant, including treating both military and civilian casualties at combat field hospitals in Iraq.

While Post Traumatic Stress Disorder is a reality for many of our returning service members, things are changing. The military is encouraging people to take their symptoms seriously and to seek help. When treated early, the disabling aspects of PTSD can be treated and need not lead to lifelong problems.

Join the Thursday Bible Study

Sudbury UMC's Thursday Bible study group always welcomes new participants. Meetings take place at 10:30 a.m. on Thursdays at the Panera Bread located at 21 Andrew Avenue in Wayland's Town Center, just two miles from Sudbury UMC!

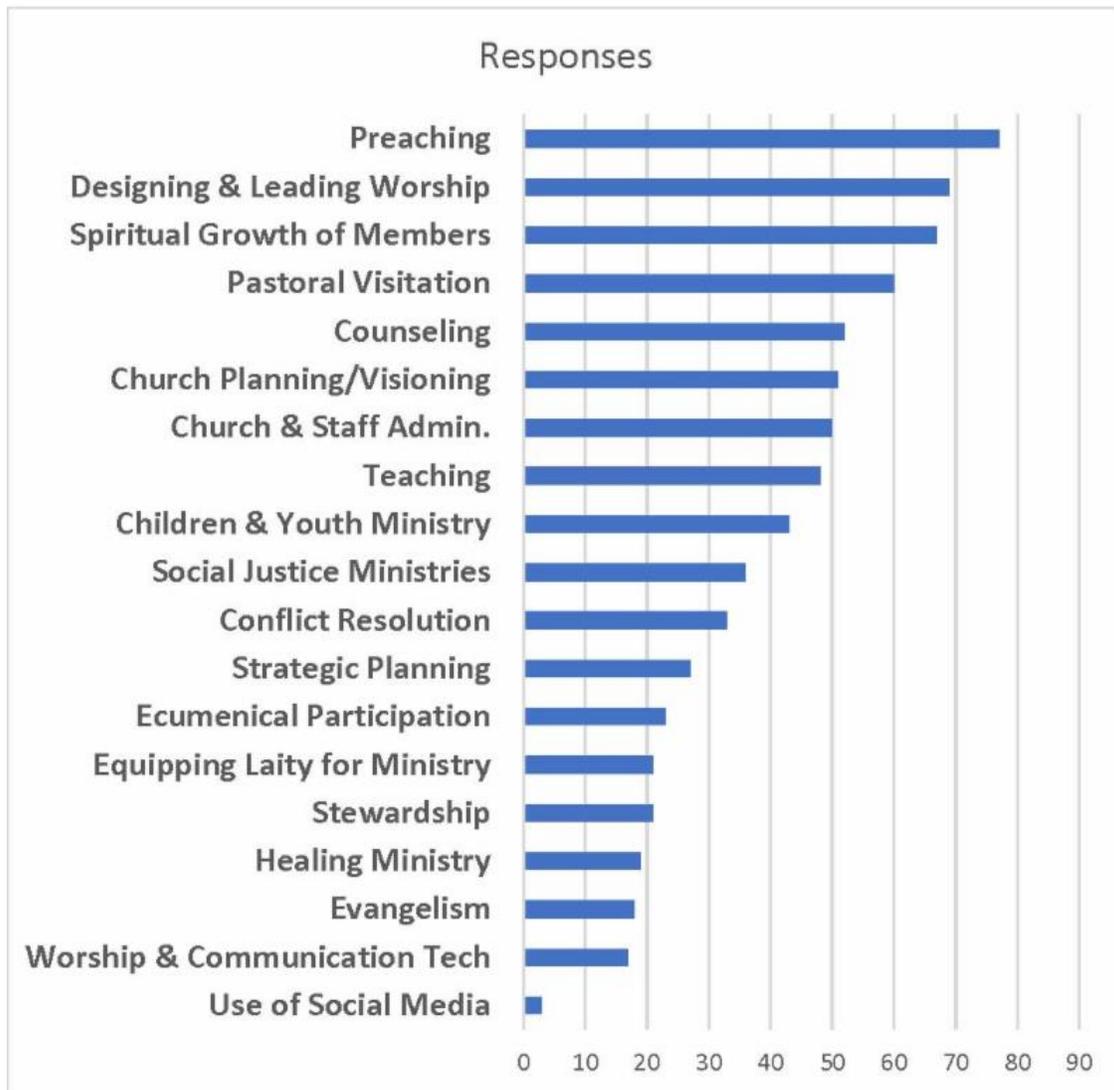
Each week's focus text is the next Sunday's preaching passage. Remember to bring your Bible and a few bucks for something warm or cool to sip.

We will look ahead to the passages being preached during worship on:

November 12 Matthew 25:1-3
November 19 2 Corinthians 9:6-15

Results of the Pastoral Priority Survey

Thank you to everyone who participated in the Pastoral Priority Survey. We received 88 responses, 64 were paper responses and the other 24 were received on line. SPRC is very pleased with so many of you participating. We will share this data with the District Superintendent in November to let him know what the priorities of this congregation are for our pastor.



'Tis the Season when Friends & Neighbors May Need Stephen Ministry

Many of you are aware of the Stephen Ministry program at SUMC, and some of you have received the gentle care of one of our caregivers. Did you know our Stephen Ministry program is now 25 years old? It is one of the longest-lived programs in the country.



As the fall and winter seasons arrive, the darker days and even the holidays can sometimes trigger loneliness, sadness, or anxiety. This is especially true if a loved one has suffered a loss, a sudden change, or a difficult life transition. Perhaps you have a family member, friend or neighbor who could benefit from a caring relationship.

We have thirteen active Stephen Ministers (caregivers). Ten of our caregivers are currently available to offer their gentle support. They can walk with those who need kindness, a listening ear, and distinctively Christian care-giving.

If you know a friend - including yourself - who might benefit from a caring relationship, you can speak to Pastor Joel, Lori Granger or Richard Smith. And every Sunday morning, one Stephen Minister is available after the worship service in the O'Reilly room. They are there to listen to your concerns and pray with you, at your request.

- November 12: Richard Smith
- November 19: John Fraize
- November 26: Diane Hammond
- December 3: Lori Granger
- December 10: Melody Karian

The Ripple Effect



When: Wednesday, November 15, through Friday, November 17.

Where: Sudbury United Methodist Church

What: The New England Conference's annual School of Congregational Development provides resources to

inspire and equip local church leaders to live more fully into the mission of the church

Register: Members and friends of Sudbury UMC may register for \$49 each at <https://neumc-reg.brtaapp.com/2017RippleEffect>

Pageant Registration 2017!



Sudbury UMC's children are invited to be part of a Christmas Pageant.

****This year, since Christmas Eve falls on a Sunday, the pageant service will be a new time – 10:30 AM!**

Pageant rehearsals this year begin the Saturday of Thanksgiving (Nov. 25th) and run until the Saturday before Christmas Eve. Rehearsals are generally held between 9 AM (8 AM for Dancing Angels) and 12 PM each Saturday. We are asking participants to be present for all of the rehearsals, if at all possible, so participants can feel comfortable with their parts. However, we know some families travel at Thanksgiving or may have another family conflict and we would like all children to be welcome to participate in the pageant; if your child cannot make one of the rehearsals, please speak with

Kristin Murphy so we might find a perfect part and a bit of additional rehearsal time another day. Thanks!

Name of Pageant Participant and Age:

Name of Parent(s):

Email: _____ **Phone** _____

Would your child prefer a speaking or non-speaking role? Speaking _____ Non-Speaking _____

Would your child like a major or minor role? Major _____ Minor _____

Would your child like to be a dancing angel (age 6+)? Yes _____ No _____

What parts would your child love? (It would be great if you could list a few, in case more than one child loves the same part! Thanks! Please note that preschool children are usually cast as animals.)

My child will be able to attend all rehearsals. Yes _____ No _____

My child would have to miss the rehearsal on _____ Please cast him or her accordingly.

Would you be able to help with one or more pageant "jobs?" Please check the ones you might be able to do:

_____ costume help

_____ acting help

_____ general "crowd control" at rehearsals and/or before pageant at 9:30 AM

_____ preschool animals help (rehearsals and at pageant - involves dressing in shepherd costume)

_____ providing food items for "cast lunch" on 12/17)

_____ props and scenery help (finding and/or making)

_____ "stage manager" help

_____ pageant band

Thanks so much!

Kristin Murphy at Khando@earthlink.net

COMMUNITY

Drivers Needed for FISH and Meals on Wheels

FISH - Deb Galloway, director of the Sudbury Senior Center, reports that FISH (a network of volunteers that provide transportation to medical appointments to anyone in need, regardless of age or ability level) needs volunteer drivers. Volunteers use their own vehicles to transport Sudbury residents to and from medical appointments. Interested in volunteering or learning more about FISH? Please dial 978-443-2145.



Meals on Wheels - Our drivers deliver 3,000 healthy meals, every weekday, to elders and adults living with disabilities. They may deliver the only meal of the day to our homebound clients in addition to providing critical social contact a safety check.

Today additional drivers are needed to meet the increasing demand for home delivered meals in our service are that includes 11 cities and towns. If you are interested in giving back to your community through this part-time job, apply today! Please call Sara at 781-324-7705 ext. 689 or visit our website www.mves.org/join-us/.

[A Reminder from the Sudbury Community Food Pantry](#)

There will be no distribution of either frozen or fresh Thanksgiving turkeys this Holiday Season. For logistical reasons we will be providing \$15 gift cards to each family to use at their local supermarket. If past donors of turkeys wish to donate a gift card instead, that would be appreciated. If someone has a turkey to donate, we suggest they contact Bethany Hadvab, Town Social Worker at 978-440-5476 hadvabb@sudbury.ma.us

Pat Mullen
Director

[MetroWest Free Medical Program Seeking Volunteers](#)

On Tuesdays, about 20 volunteers gather to provide healthcare services to people who don't have insurance. The program serves an average of 35 patients, using the sanctuary at Congregation Beth El as the clinic site.

Volunteers are needed to help put the medical supplies and equipment away in the shed behind Beth El. Specifically, people are needed to help move the screens, exam tables, buckets of medical supplies, as well as tables and chairs. With enough volunteers, this can be done in 30 minutes.

This is a great job for high school students looking to finish up their community service hours or anyone who wants to get an extra 30 minutes of exercise! When? Tuesdays, 9:00 p.m. to 9:30 p.m. Questions? Contact Kim Prendergast at kim.prendergast@gmail.com.

[Memorial Congregation Church to Offer Suicide Alertness Training](#)

Wednesday, Nov. 15, 2pm - safeTALK suicide alertness training

Wednesday, Dec. 6, 9am - safeTALK suicide alertness training

Learn four basis steps to recognize persons with thoughts of suicide and connect them with suicide helping resources. This three-hour training can help you make a difference. safeTALK is for everyone who wants to help prevent suicide: front line workers, clergy, volunteers, parents, youth,

teachers, law enforcement,...anyone who wants to help prevent suicide. \$10 donation to cover costs is appreciated. However, no one will be turned away for inability to pay. Registration is required, please contact the Rev. Tom O'Brien at tobucc@gmail.com.

Household Goods



Household Goods, 530 Main Street (Rte. 27) in Acton, needs additional volunteers, especially:

- *Furniture movers during the week and on Saturday/Sunday afternoons. These volunteers assist both on the road (picking up donations) and at the facility in Acton (moving donations in and client furniture out to waiting vehicles).
- *Truck drivers who can also move furniture
- *Volunteers who are willing to be trained and make a commitment to scheduling donation pick ups
- *Quality control/triage volunteers who will help check appliances/electronics for completeness and working order, cleaning appliances and preparing rugs and upholstered furniture for display (vacuuming).

The minimum age to volunteer independently is 14. Hours and days of the week are flexible. Whether you can spare as little as three hours a month, or a day or more a week, we invite you to join us in our mission to assist those in need. For more information, please visit this [Volunteer page](#) on the Household Goods website, or call 978-635-1710 x6.

Donations Urgently Needed: Your Extra Could Be Someone's Only

Every day, Household Goods welcomes new families emerging from homelessness or other difficult circumstances, and strives to offer them the dignity of choice as they set up a new home. Immediate needs: Our inventory of pots and pans, kitchen utensils, glasses and other kitchen items is running low. If you have pots and pans to donate, please consider us. We are also in urgent need of mattresses and kitchen/dining tables. Donated goods should be clean (no rips, tears or stains) and in working order.

Donations are gratefully accepted on Tuesday, Thursday and Saturday mornings from 9 a.m. to noon at 530 Main Street (Rte. 27) in Acton. Your repurposing gift could make a real difference for someone in need! Find more details at this [Donations page](#) on the Household Goods website.



SUDBURY INTERFAITH
THANKSGIVING SERVICE

Sunday, November 19th at 4 pm
Memorial Congregational Church
26 Concord Rd, Sudbury.

Please join us as we give glory and
honor to God and count our blessings.

Country Fair

Saturday, November 11, 2017

9:00am to 2:00pm

Fisk United Methodist Church
106 Walnut Street Natick



Come visit our Country Fair. Stay for Lunch (Lobster Rolls, for sure). Handmade items
Crafts - Jewelry - Good-as-New shop Bake table - Cookie Shoppe - Meals-to-go
Cider - Maple syrup - Antiques and FREE popcorn
Outside vendors also.



Sponsored by United Methodist Women for Missions



Church Office: sumc@sudbury-umc.org

Website: <http://www.sudbury-umc.org>

Church Staff

Lead Pastor: The Rev. Joel Guillemette

Business Manager: Mike Greb

Christian Education Director: Eric Magnuson

Director of Youth Ministries: Zack Moser

Music Director/Organist: Kevin Murphy, AAGO

Sanctuary Choir Director: Rob Hammerton

Office Administrator: Shetal Kaye

Sextons: Joe Picorelli and Phil Lenentine

[Pastor Joel](#)

[Mike](#)

[Eric](#)

[Zack](#)

[Kevin](#)

[Rob](#)

[Shetal](#)

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