

But they that wait upon the Lord
shall renew their **STRENGTH**;

they shall mount up with
WINGS AS EAGLES;



they shall run, and
NOT BE WEARY;

and they shall walk,
AND NOT FAINT

ISAIAH
40:31

Sudbury United Methodist Church

**Fifth Sunday after Epiphany
February 4, 2018**

Before worship, please feel free to greet those around you. Concerns or celebrations to be included in today's prayers may be recorded on cards in the pew pockets and passed to the ushers during the second hymn. During the prelude, let us prepare silently to worship God.

*(*indicates worshipers may stand, as they are able)*

Welcome

Prelude: "Prelude" from "Cello Suite in d"

J. S. Bach

***Opening Worship**

Praise Song: UMH # 445 - "Happy the Home When God Is There" (*verses 1 and 2*)

A Reading from the Gospels: Mark 1:29-39

Praise Song: UMH # 445 - "Happy the Home When God Is There" (*verses 3 and 4*)

***Opening Prayer:** (*Rachel Benson*)

**Perfect Light of revelation,
as you shone in the life of Jesus,
whose epiphany we celebrate,
so shine in us and through us,
that we may become beacons of truth and compassion,
enlightening all creation with deeds of justice and mercy. Amen.**

Children's Time:

Special Music: "Why We Sing"

Kirk Franklin

A Reading from the Scriptures: Isaiah 40:21-31
(This reading is found on page 668 in the Old Testament.)

Sermon: "Those Who Wait"

***Hymn of Response:** UMH # 474 – "Precious Lord, Take My Hand"

A Time of Fellowship

**Greeting Our Guests
Concerns and Celebrations
The Pastoral Prayer**

Presentation of Tithes and Offerings

Stewardship Moment

Offertory: “On the Banks of the Promised Land” Gospel Group Karen Peck

***Doxology:** UMH # 94 - “Praise God, from Whom All Blessings Flow”

Praise God, from whom all blessings flow;

Praise God, all creatures here below: Alleluia! Alleluia!

Praise God, the source of all our gifts!

Praise Jesus Christ, whose power up-lifts

Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

Holy Communion

***Great Thanksgiving:** FWS pages 2257 a, b, c, d – “Communion Setting”

***The Lord’s Prayer**

Our Father, who art in heaven, hallowed be thy name.

Thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever. Amen.

The Giving of the Bread and Cup

(“Christ our Lord invites to his table all who love him, who earnestly repent of their sin, and seek to live in peace with one another” [UMH page 12]. At the ushers’ signal worshipers may join the line to receive a morsel of gluten and lactose free bread in their hands, dip the bread in the cup of unfermented grape juice, and partake of both at the same time. After communing, worshipers return to their pew by the side aisles.)

Prayer after Communion

***Hymn of Commitment:** UMH # 504 – “Old Rugged Cross”

***Dismissal with Blessing**

Postlude: “Amazing Grace”

Traditional American

The flowers on the chancel today have been arranged by a small group of creative teens in our church. The flowers celebrate the Christian Education programming at SUMC and its wonderful congregation. Thank you for all of your support and love!

Reconciling & Welcoming Statement: The United Methodist Church is a community of believers and seekers, with differences in age, class, nationality, race, gender, marital status, sexual orientation, abilities, and limitations. We at SUMC recognize that there are attitudes, concerning these diverse characteristics, which violate the integrity of individuals and deny the richness of God's creation. Therefore we affirm our welcome to all people into our community of faith. We are committed to be a fellowship in which all persons feel a part of our family, enabling them to grow in their faith, to be fed by our fellowship, and to contribute their talents to the life of the church in its worship, programs, and outreach. We call the church and society to be sensitive to all persons and to advocate programs which attempt to ensure justice for all.

Sudbury United Methodist Church

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Church Staff

Pastor: *The Rev. Joel Guillemette*

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Youth Ministries Director: *Zachary Moser*

Music Director/Organist: *Kevin Murphy, AAGO*

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We are a Stephen Ministry
Congregation



We are a Reconciling and Welcoming
Congregation

Sudbury United Methodist Church February 4, 2018

Welcome, Guests!

Are you visiting Sudbury UMC today? Welcome! If you have time after worship, please pause in the narthex to meet our pastor and a few of our church's leaders. If a longer visit is possible, enjoy coffee and conversation in Hawes Hall, just past The Columns, on the south end of our facility. We hope you enjoy your visit and invite you to come back soon!

Youth Sunday Observance

Today's service of worship will be led by teens who participate in Sudbury UMC's youth ministry programs for young people in grades seven through twelve. Every year on Youth Sunday our congregation gives thanks to God for the lively witness of the rising generation of Christian disciples. Led by Zack Moser, participants gather on most Sunday evenings for food, fellowship, and fun. Many thanks to Georgia Wilson for preaching today's sermon, to Kevin Murphy and Rob Hammerton for helping members of today's youth orchestra to rehearse, and to Zack for coordinating, encouraging, and shepherding everyone involved.

Middle High and Senior High Youth – Stick Around for Today's Bake Sale!



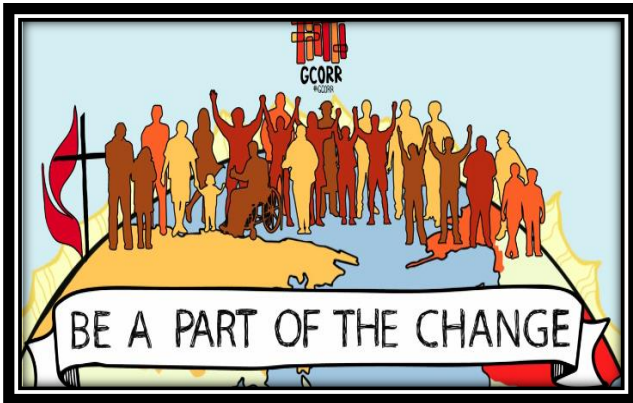
February 4 happens to be both Youth Sunday and Super Bowl Sunday. This incredible coincidence makes today the perfect day for the youth group's sort-of-annual **Super Bowl Bake Sale!** Cookies, brownies, and cakes are just as essential to Super Bowl parties as guacamole and lobster sliders. More-over, funds raised during today's bake sale will help to under-right the costs of this summer's mission trip to South Carolina. The cost of mission trips can be very high, but the formational experience is invaluable. You can help by shopping during today's bake sale or by simply making a generous donation.

Pastor's Emergency Fund

Your gift to the Pastor's Emergency Fund helps members of our church and other neighbors to weather financial storms they cannot navigate without a helping hand. When you give to this ministry, please write your check to: "Sudbury UMC – Pastor's Emergency Fund." Thanks.

Magic Years to Visit with Sudbury Police Chief

Join Sudbury UMC's retirees on Thursday, February 8, from noon till 2:00 p.m. in Davison Chapel for our next Magic Years event! Our special guest this month will be Sudbury Chief of Police Scott Nix. Chief Nix will present a critical topic: "Personal Safety and Empowerment." All seniors are encouraged to attend. Please contact Eric Magnuson at 978-443-4351 (ext. 207), or eric@sudbury-umc.org to sign-up for the event and reserve a seat during the catered luncheon.



“Vital Conversations” Series about Racism Continues Today

The New England Conference of the UMC has asked all local churches to participate in a series of **“Vital Conversations”** about racism with an emphasis on deconstructing the system that supports racism. Starting with January 14th’s celebration of Martin Luther King Jr.’s life and continuing for four weeks, the Social Justice and

Christian Education Commissions has been presenting a series of videos and facilitated conversations in **Davison Chapel from 11:00 a.m. to noon:**

Sunday, February 4: After Worship, join us in Davison Chapel to view Dr. Robin D’Angelo’s video on **“Deconstructing White Privilege”** and share in a facilitated discussion. Examining key factors in understanding the built- in system of racism, Dr. D’ Angelo considers the inherent benefits of “whiteness.” Light refreshments will be served.

Sunday, February 11: After Worship, join us in Davison Chapel to view Bishop Cynthia Moore-KoiKoi’s video **“Tearing Down Fences in Baltimore”** and to share in a facilitated discussion. Bishop Moore-KoiKoi shares her experiences as a pastor in racially-torn Baltimore and describes a way forward for Christians. Light refreshments will be served.

Where Is the Rest Room?

A unisex rest room is located in the southeast corner of the narthex, behind the back row of pews on the pulpit side of the sanctuary. The next closest rest room is located just past the side door of the sanctuary near the pulpit and three steps up.

Would You Like to Honor or Remember a Loved One in Worship?

Consider giving altar flowers by signing up at the 2018 calendar posted near the church office door. Select a date – perhaps an anniversary or a birthday – and the Flower Team will take care of the rest. The cost is \$40.00. Questions – contact Wanda Doughty at 774-219-9065.

Quiet Time for Spiritual Growth

Quiet time with *The Upper Room* can lead to a spiritual growth spurt! Booklets are available in the narthex. Or visit *The Upper Room* online at <http://devotional.upperroom.org/>.

Is There Child Care during Sunday Morning Worship Services?

Infants and toddlers are welcome in worship. Parents with young children may also visit our Family Room with visual and aural access to the sanctuary. Each Sunday, a pair of CORI-ed volunteers cares for kids age two and younger. Stairs in the northwest corner of the narthex lead up to a cozy room furnished with sofas, toys, and children's books.

Do You Need Hearing Assistance?

Individual hearing assistance units are available. An usher will help you to borrow one.

If Our Shopping Cart Could Talk

Food donations made to the shopping cart outside the O'Reilly Room are delivered to Open Table, our partner in Maynard. If our shopping cart could talk, it would politely say, "Thank You!" to all who visit. Or, it might drop hints like, "Don't be a stranger!" and "I always need solid white tuna in cans, spaghetti sauce in jars, mixed vegetables in cans, pineapple in cans, raisins, dried beans in bags, bread crumbs, condensed milk, rice pilaf, and instant coffee."

What Your Name Tag Says About You

In addition to your name, your nametag also says you enjoy sharing yourself with others and making new friends. It tells our church's newest staff members that you understand the challenge of learning the names of a whole congregation in a short time. And it tells Sunday morning guests in worship that you are happy to try to answer their questions or introduce them to others who can. Thank you for wearing your nametag!

Sudbury UMC Is a Nut Free Zone!

Several Sunny Hill preschoolers and staff members have dangerous allergies to nut products and coconut oil. Do not bring food products or soaps containing tree nuts into the church and remember that coconut oil in kitchen cleaners and lotions can be lethal. Thank you!

This Year's Confirmation Journey Has Begun

Last Sunday, Pastor Joel met with 9th and 10th grade teens, their parents, and the adult mentors who accepted an invitation to be part of the 2018 Confirmation journey. For five years, confirmands and their mentors have focused on strengthening the spiritual practice that most Christians rely on most of all throughout their lives: attending Sunday services of worship and reflecting on what is said and done during each week's hymns, prayers, and sermon. When you see a teen and adult pair talking quietly in the church after worship during the coming months, remember they are helping each other to become intentional disciples of Jesus Christ. To this core goal, Pastor Joel will also add three classes on United Methodist history, theology, and polity – February 11, March 11, and April 29. Finally, our teens will spend at least one day together in community service with youth ministries leader Zack Moser and will also attend worship at a synagogue, mosque, or both. Confirmation will take place on Pentecost, May 20. Questions? Please contact pastorjoel@sudbury-umc.org.

Meet “The Four Friends” in Church School This Month



February’s theme for children in Sunday School (preschool through Grade 5) is “The Four Friends” with the focus memory verse: “Friends love all the time.” (Proverbs 17:17a).

Next Sunday, February 11, the children will be singing in worship following the “Children’s Moment.” All children are asked to meet with Mr. and Mrs. Murphy at 9:00 a.m. in the sanctuary for an important rehearsal.

The Key Word for Prayer Pals in Week 22 Is *Obedience*

“Children, obey your parents in the Lord, for this is right.”—Ephesians 6:1

It’s Almost Time to Prepare Kids’ Lunch Bags for Open Table

Please give a few minutes of your time next Sunday, February 11, right after the morning service, in Hawes Hall. Volunteers of all ages will be decorating and filling 100 “Kids Bags” destined for Open Table’s Food Pantry in Maynard. The filled bags will then be given out to children of Open Table patrons during the February school vacation week. This will mark Sudbury UMC’s fourth year taking part in this community outreach opportunity!

Calling All Cooks, Caterers, and Cleaners

The Membership and Community Life Commission invites Sudbury UMC’s cooks, caterers, and cleaners to lend a hand when this year’s Lenten Soup Suppers begin later this month. From February 21 through March 21, a simple meal of soup and bread will be served in Hawes Hall at 6:00 p.m. on Wednesdays. To sign-up contact Oscar Harrell at 978-443-3841.

Please Recycle This Bulletin

The Worship and Music Commission has placed blue recycle bins near the church’s three entrances. Materials not needed at home, along with other clean papers, may be recycled in these bins. Please dispose of paper soiled by food or anything else in wastebaskets.

Adult Bible Study Continues through February 12

Paul’s First and Second letters to the Corinthians are the focus of an Immersion Bible Study for adults led by John McKinney and Jim Empfield. Classes are taking place on Mondays at 7:00 p.m. through February 12. To receive a copy of the workbook, please contact Eric Magnuson at 978-443-4351, ext. 207, or eric@sudbury-umc.org.

Tis the Season when Friends and Neighbors May Need Care

Winter doldrums can trigger loneliness, sadness, or anxiety. Do you know a family member, a friend, or a neighbor who could benefit from a caring relationship? Ten of Sudbury UMC’s 13 active Stephen Ministers are available to offer support. To ask about beginning a relationship, speak to Pastor Joel, Richard Smith, or Lori Granger. Or consider praying with a Stephen Minister after worship in the O’Reilly Room. Melody Karian is today’s volunteer.